



## INVITATION ASHIHARA SUMMER CAMP 2024

### OSU!

Since 2013 Sportschool Kihon organises the Kihon AIKO/TSG summer Camp. In 2024 we will organize this camp for the **tenth** time. As always, all karate styles and organisations are most welcome to participate.

**Date:** The camp will take place from the 21<sup>st</sup> of June until the 23<sup>rd</sup> of June 2024. To participate, all registrations and payments must be received and processed before the 13th of May 2024.

**Location:** The event will be held in Zuid-Holland, The Netherlands, near Rotterdam.



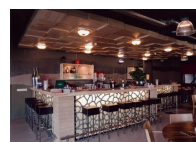
#### **Hostel:**

StayOkay Hostel Dordrecht  
Baanhoekweg 25  
3313 LA Dordrecht



#### **Sports accommodation:**

De Ridderhal  
Hoge Kade 60  
3341 BE Hendrik-Ido-Ambacht



Breakfast will be served at the hostel. Lunch (Saturday/Sunday) and dinner (Saturday) will be served at the restaurant in the sports accommodation.

**Costs:** Total costs for all training sessions, your stay, breakfast (twice), lunch (twice) and dinner (once) will be € 170 per person.

**Required:** A good mood and a lot of Karate-spirit! Don't forget your Gi's (at least two), your Obi, the necessary protection (shin/groin/mouth, a breast protector for the ladies, boxing gloves), towels and some cash (there's a bar at the hostel). Bedding sets will be supplied at the hostel.

**Grading:** There will be AIKO Ashihara Dan-grade and Kyu-degree examinations during the camp.

### **IMPORTANT NOTICES REGARDING GRADING:**

- AIKO Lifetime Membership is compulsory for grading from 4<sup>th</sup> Kyu and onwards;
- Dan-grade and higher Kyu-degree candidates (2<sup>th</sup> Kyu and onwards) must apply for their grading at least six months before the grading takes place, using the following weblink: <http://ashiharainternational.world/dangrade-and-higher-kyu-application/>. If there are any questions regarding grading, please ask your sensei, branch chief/country representative or the AIKO-board;
- Dan-grade candidates must have their grading registrations and payments made and cleared before the 21st of April 2024. The costs for a Dan-grade examination are € 160, which includes a certificate and Obi;
- The costs for a Kyu-degree examination are € 15 (including certificate; Obi not included). Payments must be made before the first training;
- To apply for a Kyu-degree examination up to 4<sup>th</sup> Kyu, it is sufficient to fill in the required fields of the registration form or to approach the organisation prior to the first training;
- The latest version of the AIKO syllabus will be leading at the grading and all candidates must attend all training sessions. Be sure to have a capable partner for the required kata's and technical examination!

Check in at the hostel is possible on Friday, from 16.00 onwards. We'll leave for the first training session at 18.00, which starts at 19.00. Of course you can travel to the sports accommodation by yourself (before checking in at the hostel), but be sure to be there on time! The sessions will be filled in by several instructors from different disciplines. For more info: Sensei Marc de Roodt, +31613839121/info@sportschoolkihon.nl.



# REGISTRATION ASHIHARA SUMMER CAMP 2024

Please fill in all the fields and send the completed and signed registration to Sportschool Kihon, by scanning and mailing the form to: info@sportschoolkihon.nl. We don't have unlimited space and the closing date for registration is the 13th of May 2024. **UNSIGNED REGISTRATIONS WILL NOT BE PROCESSED!**

Hereby I<sup>1</sup> register myself for the Ashihara Summer Camp 2024. I<sup>1</sup> declare that the information furnished on this form is true and complete to the best of my knowledge and belief. By signing I<sup>1</sup> declare to accept the terms and conditions stated below and in the body of this form. I<sup>1</sup> am fully aware that registration means an obligation to pay. I<sup>1</sup> hereby declare that the indebted payment of € 170 will be paid and cleared as soon as possible, but definitely before the 13th of May 2024

The payment must be transferred by International Bank Account Transfer to:

IBAN: NL74ABNA0431409153, BIC: ABNANL2A.

Beneficiary name and address: M. de Roodt KIHON, Duparcstraat 12, 3335AB Zwijndrecht/The Netherlands.

If possible mention the following information on the transfer: Ashihara Summer Camp 2024, your own name and the name of your Dojo.

|   |       |   |
|---|-------|---|
| Name:   | M / V | Dojo:   |
| Date of birth:  |       | (Karate-)style:   |
| Address:  |       | Union/organisation:   |
| Zip/City:   |       | Degree:   |
| State/Country:  |       | Kyu-grading: Yes / No                                       |
| Telephone number:   |       | Dan-grading: Yes / No                                       |
| E-mail:   |       | In case of Dan-grading, Obi-length:                         |
| Limitations/use of medicines that you <u>voluntarily</u> want the organisation to know of: <sup>2</sup> |       | Diet/allergies (i.e. vegetarian, lactose intolerance etc.): |
| Signature: <sup>1</sup>   |       | Date/Place:   |

<sup>1</sup> In case of a minor or legally incompetent person: his or her legal representative.

<sup>2</sup> Due to the GDPR privacy regulations we are not allowed to process any medical information, unless you explicitly and undoubtly consent to do so. It is your own responsibility to share relevant information with the organisation. Be advised that participation is always at your own risk and insight. If there are any (suspected) limitations to participate in sports activities in general (or in full-contact martial arts in particular) always consult a (sports) medical specialist. The organisation can not be held liable for any (physical) damage as a result of possible limitations. However, we can take known limitations into account during the camp.

These terms and conditions are governed by Dutch and EU law. Registrations and payments must be received by the organisation as soon as possible, but definitely before the 13th of May 2024. Cancellation by the organisation until 30 calendar days before the start of the event will not be charged and you will receive re-fund. Later (individual) cancellations will be charged following the directions of the hostel; 15 to 30 days before the event 75% charge. 8 to 14 days before the event 90% charge. 0 to 7 days before the event 100% charge. Participation is at your own risk. Every participant must be properly insured, at least for medical treatment and liability. The organisation cannot be held liable for loss, theft, damage or destruction of your property. Registration obliges to respect the "house rules" of the hostel and sports accommodation. The participant will follow the rules and directions given by or on behalf of the organisation. Violation of the terms and conditions may lead to exclusion of the event without refund. During the event video's and photo's will be shot and published by several (private or professional) parties, for news value and promotional purposes. If you do not consent to this, then do not attend the event. If you want your personal data or imagery to be removed afterwards, you will have to contact the publisher of the material. Your registration, correspondence and all the supplied data regarding your participation in the event will be deleted/destroyed within six months after the event has taken place.



Sportschool

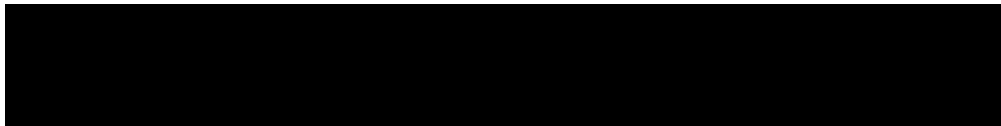
# KIHON



## ASHIHARA SUMMERCAMP 2024 T-SHIRT

Every participant who attended the entire camp will receive an Ashihara Summer Camp 2024 T-Shirt. Please fill in the required size at the bottom of this page, following the provided Size Chart.

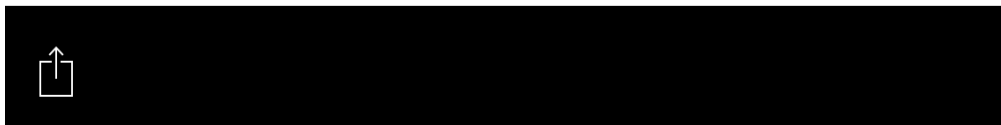
Example and Size Chart:



### TSHIRT SIZE CHART

| SIZE   | XS    | S     | M     | L     | XL  | 2XL |
|--------|-------|-------|-------|-------|-----|-----|
| CHEST  | 17.5" | 18.5" | 19.5" | 20.5" | 22" | 24" |
| LENGTH | 27"   | 28"   | 29"   | 30"   | 31" | 32" |

All measurements in Inches.  
Tolerance ± 0.5"



Required size:

**3XL also possible**